

Heat Relief Kit Checklist

Lunch/Tote Bag (insulated preferred)
Bottled water
Sunscreen (any size)
Lip Balm (+SPF preferred)
Small Towel/Cooling Wrap/Solid Grey Bandana
Pair of Socks

*Bonus Items

Insulated Water Bottles (the bigger, the better)

Sun Hats or Baseball Caps

Sunglasses

Electrolyte Packets

Aloe Vera Gel

Umbrellas

Ready to deliver? Call 602-282-0849

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www.hsc-az.org

Scan to donate funds for hottled water



Over 100,000 bottles needed each month